

All About Dance

Policies and Procedures Handbook of Guidelines for the 2021-2022 Dance Season.

This document is fluid; we reserve the right to make changes as situations develop.

AAD's policies and protocols are based on information from The World Health Organization (WHO), The Centers for Disease Control (CDC), the Massachusetts Department of Public Health (DPH), and the State of Massachusetts.

The safety and health of our dance families and our instructors are of the utmost importance. We also understand that the relationships that have been established in the studio are also very important, and we will continue to foster those relationships the best way that we can while keeping everyone safe and socially distanced. Still, we need your help to do that. Adhering to the rules and policies in this document are a required element of dancing in our studio. Our procedures may seem extreme for some, and I respect that. However, because we care about each other at AAD, we want to do EVERYTHING possible to dance together and keep each other healthy, which means being over precautions. Safety first.

We will be following all State, Local, and CDC guidelines and will be implementing all these policies and procedures at the studio. These guidelines may change as things improve or decline in our current climate. We reserve the right to make fair and reasonable changes where applicable, at any time. Here are our guideline:

COVID-19 Safety Procedures

The following is a detailed list of how All About Dance studio promises to follow along with regulations set by the Town of Swampscott, the State of Massachusetts, and the CDC. The following list of procedures is pulled from the State of Massachusetts website. Below is the link to the document pertaining specifically to dance studios and other youth activities:

<https://www.mass.gov/doc/safety-standards-for-youth-and-adult-amateur-sports-activities-phase-iii-step-1/download>

Mask/Face Covering Wearing Guidelines:

- According to Massachusetts Workplace Safety and ReOpening Guidelines, the students may take off their masks while engaging in physical activity (dance). However, for the health and safety of everyone at AAD, I am encouraging the wearing of masks to be worn at all times. Teachers will structure the classes so that the students never reach full cardio exertion to make breathing effortless in a mask. It is an imperative part of reducing any risks.
- Wearing a mask is at the discretion of Parents and Staff.
- Masks with one-way valves or vents allow exhaled air to be expelled out through holes in the material. This process can allow exhaled respiratory droplets to reach others and potentially spread the COVID-19 virus. Therefore, following CDC recommendations, AAD will not allow masks if they have an exhalation valve or vent.

Dance Studio Policies:

- The opening or closing of AAD is at the discretion of Miss Lisa and will be based on the recommendations of the WHO, the CDC, the DPH, and the State of Massachusetts.
- Social distancing of at least 3 feet between dancers is required.
- Classrooms are cleaned and sanitized at the beginning and end of each day.
- Students will be allowed into the building RIGHT AT CLASS TIME.
- Class sizes will fluctuate based on the CDC, State, and DESE guidelines. Proper social distancing will always be observed.
- Until further notice, waiting areas will be closed.
- Failure to arrive in appropriate dance attire will result in your child being denied admittance into class.
- Please do not arrive early to eliminate any unnecessary waiting around.
- All walk-in guests must wear a mask and sign into the Visitor Log placed on the front desk.
- There is **NO** food allowed in the studio. Water is the only beverage allowed in the studio.

Inside The Dance Rooms:

- No dancers will come within 3 feet of each other while in the dance studio.
- No bare feet allowed at any time. Failure to bring or obtain appropriate foot coverings will result in your student being denied admittance into class.
- Individual baskets are provided in both studios for each student to place their shoes, cell phones, outerwear, and water bottle. Street shoes are not to be placed in the basket. Designated areas are available in the front waiting room for street shoes during inclement weather.
- Windows and doors will be open for ventilation.

Out of State Travel per CDC Guidelines

With Vaccination card on file:

- Dancer must remain out of dance for 5 days upon returning to Massachusetts.
- IF **ASYMPTOMATIC** your child may return to the studio after 5 days.

Without Vaccination card on file:

- Dancer must remain out of dance for 5 days upon returning to Massachusetts.
- Your child may come back to dance with a negative PCR test **OR**

Your child may return to dance, if asymptomatic, after a total of 10 days.

Positive COVID and Close Contact:

Please see Return to Studio [CHART](#) which is based on current CDC recommendations.

Lost and Found:

- We are unable to provide a lost and found bin this year. Clearly mark your child's shoes, water bottles, etc. and only bring what is necessary for class. **Anything left behind will be disposed. No exceptions!**
- No "Swap Box" We are unable to provide the opportunity to swap out shoes from our shoe bin this year.

Cleaning and Sanitizing:

- All high-touch items are sanitized the beginning and end of everyday. This list of items includes (but is not limited to) door handles, the restroom, staircase railings, and the dance floors themselves.
- The restrooms are cleaned and sanitized the beginning and end of everyday.
- There are hand sanitizer stations on the wall at the entrance of each dance room and also in the common areas.
- Anti-Bacterial hand soap is available in the restrooms.
- All students must wash their hands or use hand sanitizer before entering and exiting the dance room.
- All students and visitors must sanitize their hands upon entry to the studio. There is a sanitizing station on the wall immediately to your left as you enter.
- All students and visitors must sanitize their hands upon leaving the studio. There is a sanitizing station on the wall immediately to your left as you exit.
- Per CDC guidelines, all AAD hand sanitizer is alcohol based containing 60% isopropyl alcohol.

Health Screening:

- At AAD's discretion, students' temperatures will be taken before entering their class.
- At AAD's discretion, students who seem symptomatic will be dismissed immediately. A family member will be contacted for immediate pick-up. The dancer will be brought to a "Sick Waiting Area" located in a room directly next to the entrance and isolated while waiting for pick up. The dance studio will be sanitized from top to bottom.
- All AAD staff will self-screen each day before reporting for work.
- Any staff member found ill or with COVID-like symptoms, will be immediately sent home and the dance studio will be sanitized from top to bottom. This procedure will take place before any students enter the facility.
- If a staff member or student is diagnosed with COVID-19, AAD will follow the CDC and State recommended protocol:

- The studio will undergo a professional deep cleaning.
- AAD will notify the local Department of Public Health.
- AAD will notify all dance families, while adhering to HIPAA privacy guidelines.
- AAD will notify all walk-in guests from the previous two weeks while adhering to HIPAA privacy guidelines.

Testing:

- Do not send your child to dance with a pending COVID-19 test result.
- When a negative PCR test is required, Swampscott Public School students participating in the test and stay program, may submit their school test result IF available.
- AAD in no way condones utilizing the test and stay program in lieu of individual testing nor advocates contacting either the school or the lab for test results.

Bathrooms

- Dancers must have teacher's permission before using the bathroom.
- No changing in the bathroom at any time. Please come dressed and prepared to dance.
- All dancers MUST wash their hands after using the bathroom.
- Bathrooms will be used as the designated mask/face covering break area.

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